



Muriel Clayton Middle School
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Mrs. Susan Sellan, Principal

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Grade 7 Option Descriptions 2024-2025 Term #1

Block A:

➤ **Interior Decorating & Design - \$15.00**

Do you enjoy decorating your bedroom or watching design reels? In this option, students will become designers! You will be introduced to clients with a variety of needs, wishes & budgets when decorating a room. Each designer will plan a space including all possible elements such as paint, furniture, lighting, decor & art, while operating under a given budget. Designers will be required to track expenses & organize their chosen products in a spreadsheet to visually showcase their ideas to their client.

➤ **Gardening - \$10.00**

We will learn how to grow, care for, & propagate a variety of plants. We will explore different types of plants, plant anatomy, growth cycles, garden design, maintenance, & more in a hands-on environment.

➤ **Cosmetology - \$25.00**

In our cosmetology class, students will explore the basics of skincare, hair care, makeup, and nail care. This hands-on course will let you practice different beauty techniques while learning about personal grooming, style, and self-expression. We'll also touch on beauty practices in different cultures and how they connect to identity. The cost for supplies will be \$25, and all materials will be provided in class. Get ready to dive into the world of beauty and creativity!

➤ **Drama - NO COST**

In Drama 7, students will focus on developing their movement, speaking, writing, and performance skills. They will be expected to create original scenes based on a prompt, perform in front of the class, and give and receive feedback in a respectful and meaningful way. This option involves a significant amount of communication and collaboration between peers.

➤ **Construction - \$20.00**

In Construction, students will learn how to plan & design their own woodworking projects. They will also learn how to use various tools like hammers, screwdrivers, sanders, & power tools safely in a shop environment. Students will be taught how to operate different types of machinery including saws, sanders, a planer, a drill press, & a router table, while following all safety guidelines. This class will give students the opportunity to develop their creativity & problem-solving skills while working with wood & tools.

➤ **Introduction to Spanish - \$10.00**

In this Spanish option class, students will embark on an engaging journey through the Spanish-speaking world. They'll explore vibrant cultures, rich traditions, and iconic landmarks while developing foundational skills in the present tense. Through interactive lessons and immersive activities, students will gain a deeper understanding of the language and the diverse communities that speak it. Join us to enhance your Spanish skills and discover the beauty of Spanish-speaking cultures!

➤ **Star Wars - \$20.00**

This is a new option this year all about Star Wars! It is perfect for the Star Wars fan, as well as the rookies to learn about the Galaxy Far, Far Away. We will learn about George Lucas (the creator), & how he originally created new technologies to make the effects to tell his story, as well as the more advanced & recent CGI. Themes we will look at are good versus evil, government, the importance of family, & supporting causes you believe in. We will try our hand at stop animation filming, working on some script work, & creating a movie scene with lightsabers, all with the help from members of the Alliance, our friends at SAIT. **May the Force Be With You!**



MURIEL CLAYTON
MIDDLE SCHOOL

- **Hockey - \$210.00 NOTE: THIS OPTION RUNS OVER BOTH BLOCKS. Must select both A & B Block.** Students will have an on-ice program, with dry-land training when the class falls on a Friday. The program goal is to continue to develop player skills & have fun. This class is available to all students, regardless of skill; this is a non-body contact program. Ice times will include warmup, skills & drills and a scrimmage.
***Players are required to have their own gear & full equipment, including a mandatory neck guard.**

Block B:

- **Art 101 - \$10.00**
If you are interested in art and want to try all different types of projects, then this class is for you! Throughout the term, students will participate in creating projects that yield amazing results! Drawing, painting and sculpting will be included. Bring your positive attitude and creative mind to this fun and engaging class.
- **Foods - \$40.00**
We will make everything from breakfast items, soups, casseroles, pasta sauces and full meals. Everything is made from scratch! We are all about building flavours, using fresh ingredients & eating amazingly good food. Students will learn lab safety & cleaning procedures for obvious reasons. They will learn how to use a chef's knife to cut, chop, slice, and dice yummy food and not their fingers.
- **Film Studies – NO COST**
In this course, students will get to watch a bunch of cool movies. We will learn and talk about what makes them great. Students will get to work with their friends to show what they notice and think about these movies. This is a great option for anyone interested in anything to do with art, storytelling, and film/video making (i.e. drawing, photography, writing, comic-books, etc.)
- **Sports Medicine – \$15.00**
In this course, students will have the opportunity learn about the human skeletal system, focusing on the bones of the human body and functions of the skeleton. They will explore concussions, concussion protocols, and Return to Play guidelines. Injury management techniques, including the use of cryo-cuffs and ice baths will also be covered. Additionally, students will examine different types of fractures, gaining some knowledge on anatomy and athlete health and safety in sports.
- **Outdoor Education - \$30.00** (*Fees are paid upfront for supplies used throughout Outdoor Ed and field trips will be paid as a separate fee at a later time*)
Outdoor Education 7 is a chance for students to learn about skills used in nature to keep students safe, while promoting a healthy active lifestyle. This class will consist of:
 - Leave No Trace Behind Principles
 - Bear Safety
 - Cook Stoves
 - Field Trip (Hiking and Skating)
 - Compass and Navigation
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***Players are required to have their own gear & full equipment, including a mandatory neck guard.**
- **Band - Brass - \$50.00 - NOTE: Band is a year-long course**
Ever wanted to play cool instruments, make music with friends, and be part of an awesome band? In this option, you'll learn to rock out on a band instrument, read music, and jam together as a team! For just \$50.00, you'll get sheet music, supplies, and even special sessions with pro musicians who'll help you play like a star. Don't miss out on the fun—come make some music with us!

